

POSITION DESCRIPTION

GROUP FITNESS INSTRUCTOR

POSITION DETAILS

POSITION No:	5525	UNIT:	DKHAC
EMPLOYMENT STATUS:	Casual	LOCATION:	DKHAC
DIVISION:	Community Life	CLASSIFICATION:	THAC 2

OBJECTIVES

MISSION STATEMENT

Working together to make Hobart a better place for the community.

DIVISION OBJECTIVE

The principal objective of the Community Life Division is to deliver programs, services and activities focused on driving community engagement and participation, enhancing the vibrancy of the City of Hobart through activation, tourism and events, and addressing social inclusion, health and wellbeing, cohesion, resilience, disadvantage and inequality. The Division plays a visible and dynamic role in Hobart's economic and cultural development, and provides strategic, policy and communications support across the organisation.

POSITION OBJECTIVE

To provide high quality, engaging group fitness class to assist members achieve their goals and maintain their loyalty and enjoyment of the Centre.

KEY FUNCTIONS AND RESPONSIBILITIES

- Deliver effective and engaging group fitness classes to a range of Centre users.
- Ensure participant safety by continuously monitoring classes and suggesting modifications to activities as required.
- Provide customer support as an initial point of contact for group fitness class enquiries.
- Contribute as a member of the health and fitness staff and advice on emerging industry issues along with ensuring that Centre specific feedback is communicated appropriately.
- Implement the Centre's emergency management plan in the event of any relevant incidents or events.
- To perform duties as a group exercise instructor ensuring leadership by example is maintained at a high standard.
- To provide guidance, direction and leadership to ensure a high standard of hygiene, safety and enjoyment for members and guests.



City of **HOBART**

Work Health and Safety: To take reasonable care that your acts or omissions do not adversely affect the health and safety of yourself or others in the workplace, to comply with any reasonable instructions given to you by the Council and to comply with the requirements of any and all WHS policies and procedures.

Note: Whilst the key functions and responsibilities for the role are set out above, the Council may direct an employee to carry out such duties or tasks as are within the limits of the employee's skill, competence and training.

ORGANISATIONAL RELATIONSHIPS

REPORTING RELATIONSHIPS

1. INTERNAL

The Group Fitness Instructor reports to the Senior Gm Instructor-Group Fitness and Gym (9653) and liaises with other members of The Doone Kennedy Hobart Aquatic Centre team.

2. EXTERNAL

This position role will liaise with group exercise class participants and other customers of the The Doone Kennedy Hobart Aquatic Centre.

SELECTION CRITERIA

1. Qualifications in Group Fitness which may include Certificate III in Fitness – Group, Les Mills Program Certification, Pilates, Yoga, other specialised programs or combinations of the above.
2. Proven experience in the delivery of quality fitness programs to participants of all ages and fitness levels along with experience in assessment of clients to gauge fitness levels and align effective exercise programs on an ongoing basis.
3. Effective communication skills to liaise with participants engaging in activities within the gymnasium.
4. Proven ability to operate within Work Health and Safety principles.
5. Ability to manage time and own workload in a customer focus environment.
6. Relevant level of health and fitness applicable to the role.
7. Current HLTAID003 - Provide First Aid, HLTID001 - Provide Cardiopulmonary Resuscitation certification, and Registration to Work with Vulnerable People (employment).