

POSITION DESCRIPTION

GYM INSTRUCTOR

POSITION DETAILS

POSITION No:	5520	UNIT:	DKHAC
EMPLOYMENT STATUS:	Casual	LOCATION:	DKHAC
DIVISION:	Community Life	CLASSIFICATION:	THAC 2

OBJECTIVES

MISSION STATEMENT

Working together to make Hobart a better place for the community.

DIVISION OBJECTIVE

The principal objective of the Community Life Division is to deliver programs, services and activities focused on driving community engagement and participation, enhancing the vibrancy of the City of Hobart through activation, tourism and events, and addressing social inclusion, health and wellbeing, cohesion, resilience, disadvantage and inequality. The Division plays a visible and dynamic role in Hobart's economic and cultural development, and provides strategic, policy and communications support across the organisation.

POSITION OBJECTIVE

To provide high quality technical instruction, programming and service to assist members in achieving their personal goals, whilst maintaining customer loyalty and safety in the gym.

KEY FUNCTIONS AND RESPONSIBILITIES

- Maintain effective supervision of the Centre's gymnasium to ensure the safety of all users.
- Deliver high quality customer support as the first point of contact for health and fitness related enquiries.
- Perform pre-activity screenings with gymnasium clients and professionally advise on appropriate exercise interventions.
- Maintain gymnasium presentation, housekeeping and accurate client notes from services that have been delivered.
- Contribute as an active member of the health and fitness team and provide advice on emerging industry issues along with ensuring that centre specific feedback is communicated and acted upon.



City of **HOBART**

Work Health and Safety: To take reasonable care that your acts or omissions do not adversely affect the health and safety of yourself or others in the workplace, to comply with any reasonable instructions given to you by the Council and to comply with the requirements of any and all WHS policies and procedures.

Note: Whilst the key functions and responsibilities for the role are set out above, the Council may direct an employee to carry out such duties or tasks as are within the limits of the employee's skill, competence and training.

ORGANISATIONAL RELATIONSHIPS

REPORTING RELATIONSHIPS

1. INTERNAL

The Gym Instructor reports to the Senior Gym Instructor- Engagement and Programs (9657) and liaises with other members of The Doone Kennedy Hobart Aquatic Centre team.

2. EXTERNAL

This role liaises with gym members, other customers of the Centre and the general public.

SELECTION CRITERIA

1. Certificate IV in Fitness together with relevant experience in a similar environment.
2. Proven experience in delivery of quality fitness programs to participants of all ages and fitness levels along with experience in assessment of clients to gauge fitness levels and align effective exercise programs on an ongoing basis.
3. Effective communication skills to liaise with participants engaging in activities within the gymnasium.
4. Experience in assessment of clients to assess fitness levels and appropriate exercise programs on an ongoing basis.
5. Proven ability to operate within Work Health and Safety principles.
6. Ability to manage time and own workload in a customer focus environment.
7. Relevant level of health and fitness applicable to the role.
8. Current HLTAID003 - Provide First Aid, HLTID001 - Provide Cardiopulmonary Resuscitation certification, and Registration to Work with Vulnerable People (employment).