### Position Description

<table>
<thead>
<tr>
<th>Position Title:</th>
<th>Peer Worker</th>
<th>Reports To:</th>
<th>Operations Lead, Recovery 2gether Coach</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program:</td>
<td>SWS Peer Support Worker Program</td>
<td>Location:</td>
<td>South West Sydney LHD</td>
</tr>
<tr>
<td>Award Level:</td>
<td>SHCADS Level 3</td>
<td>Fortnightly Hours:</td>
<td>45.6</td>
</tr>
</tbody>
</table>

**Special Conditions**: This role may require transport of consumers in personal vehicle. Appropriate Award reimbursement will be applicable.

**One Door Mental Health (ODMH)** is a leading for-purpose service provider for people living with mental illness, their families and carers.

**About the Program**

The South West Sydney Peer Support Program is a SWS PHN-funded program. Peer Workers will support people accessing the You In Mind program working collaboratively with You In Mind practitioners throughout South West Sydney. The Peer worker Team will be well supported within One Door. Two Peer Workers team will foster Peer Work growth through co-reflective practices. The program aims to Support people experiencing low to high mental health needs using a recovery framework and non-clinical approach;

**About the Position**

Using a Recovery Orientated approach, this Peer Worker Role includes the following key objectives of:

1. Create a space of hope, optimism and inclusion for those experiencing a mental illness, as well as their carers and families;
2. Promote lived experience and build capacity of clinicians and the sector to better support people accessing the mental health system
3. Provide soft, supported, entry into psychological therapy delivered through You In Mind;
4. Assist in transitioning people as they move between different levels of care (stepped care)
5. Increase the peer worker and lived experience workforce engaging with primary mental health services in SWS.

The South Western Sydney (SWS) Peer Support program peer work roles that work alongside, and in collaboration with, the SWSPHN commissioned clinical mental health service, You in Mind, to:

1) support the recovery of people experiencing low, moderate and high mental health needs through a non-clinical approach
2) support person centred access and engagement with primary mental health services in line with an integrated stepped care model;
3) contribute to an increased embedding of person-first, recovery-oriented and family inclusive approaches; And
4) promote the voice of people with lived experience of mental illness.

ODHM operates locally as self-organised teams – called Recovery 2gether teams. Team members are collectively responsible and accountable for:

1) supporting consumers, and
2) team tasks.

As a team member, you will work collaboratively with other team members to facilitate the effective operation of the team.
## Position Description

**What we ask of you**

Provide a connecting role between people living with mental health concerns, You in Mind Clinicians and the community using recovery-orientated practice:

1. Engage with Consumers and practitioners delivering flexible supports including the development of Collaborative Care Plans and Recovery Goals;
2. Form and maintain relationships with key psychosocial support stakeholders, maintain community relationships; including cross referral, service promotion and information share;
3. Be willing to travel and meet with consumers and clinician in various hubs and locations throughout South West Sydney to meet the needs of the individual person; Locations could include Bankstown, Campbelltown and Tahmoor.
4. Actively contribute as a member of the self-organising team;
5. Attend relevant training and team Learning and Development to support your growth as a Peer Worker;
6. Seek guidance from Peer Worker team and/or coach when required to assure safe working practice and staff wellbeing and development;
7. Be safe at work. Help others to be safe at work and follow the WHS legislation
8. Ensure the safety of self and others in work environment
9. Actively promote and demonstrate One Door’s values.

### Your skills and experience

1. Personal experience of mental health challenges, personal recovery and service use.
2. Minimum level of qualifications and experience will include Certificate IV in Mental Health Peer Work or similar (or willingness to undertake such training);
3. Willingness to purposefully share their personal experience to support others and to contribute to change;
4. Understanding of and a commitment to the principles of peer support; inclusive of a recovery-based approach.
5. Clear awareness about selfcare and skills for prioritising selfcare
6. Ability to manage workflow and within clear timeframes;
7. Ability to communicate collaboratively with team members and all stakeholders specific to this position;
8. Ability to exercise personal responsibility and work as part of team, with the support and guidance of an Intensive Peer Worker and/or Recovery2gether Coach;
9. Competency with IT systems and an ability to learn program data system requirements;
10. Provide consumer feedback and surveys as needed.

### Desirable

1. Ability to communicate collaboratively with team members and all stakeholders specific to this position
2. Ability to exercise personal responsibility and work as part of team, with the support and guidance of a Coach
3. Ability to use culturally safe practices in supporting Aboriginal and Torres Strait Islander peoples
4. Ability to work with culturally and linguistically diverse peoples
5. Ability to work with people who identify as LGBTQIA+
6. Experience in working with colleagues with a lived experience
7. An understanding of trauma-informed practice
8. An understanding of the importance of working with carers and families.