



# Kimberley Aboriginal Medical Services Ltd

An Organisation of Aboriginal people, for Aboriginal people; controlled by Aboriginal people.

## JOB DESCRIPTION FORM

Effective date of document 31 October 2018

### POSITION IDENTIFICATION

Award: HPSS

Award Type: Health Professional

**Title:** Youth Mental Health Professional, **headspace** Broome

**Reports to:** Senior Manager headspace Broome

**Supervision of:** N/A

*There may be times when the role is required to provide professional supervision and mentoring of students on practical placements, such as allied health students or trainees.*

#### Relationships – Internal

Youth SEWB Worker

Youth Vocational Specialists

Youth Engagement Project Officer

Senior Youth Mental Health Professional

headspace Administrative Assistant

headspace Lead GP

headspace GP registrars

All KAMS staff

#### External

KMHDS staff providing a co-located service at **headspace**

Boab Health staff providing a co-located service at **headspace**

Other local service providers including but not limited to;

- School and education staff
- WA Country Health Services including CAMHS
- Department of Communities including Child Protection, Housing and Disability Services



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## Duty Statement

### **Service Delivery**

- Provide initial screening of young people to identify individuals with mental health or drug and alcohol problems, or young people who may be at risk.
- Provision of brief interventions, supportive counseling and drug and alcohol counseling.
- Provision of skills training to young people, including coping skills, life skills, anger management, problem solving and conflict resolution.
- Provide best practice, evidence based therapeutic interventions
- Referral to appropriate services.
- Coordination of care.
- Provide mental health psycho-education
- Engagement and assistance to young people to improve access to services based on a bio/psycho/social model of care
- Participate in integrated multidisciplinary and interdisciplinary case planning for young people, including period joint case reviews
- Advocacy on behalf of young people.
- Provision of family support, where needed.
- Monitoring of young person's mental health and well-being.
- Maintenance of professional skills through continuing professional development.
- Collection of de-identified data in line with funding body reporting requirements.

### **Education**

- Deliver educational information to individuals and groups, including information on primary prevention.
- Provide input required, as part of comprehensive care planning.
- Participate in community awareness and service promotion as required

### **Reporting**

- Comply with contracted data collection and reporting requirements for funding bodies.
- Comply with KAMS reporting requirements for consideration by the KAMS Board.

### **Innovations and Development**

- Monitor the wider operating environment for opportunities to better address local health issues with an emphasis on integration of mental health services into comprehensive primary health care.

### **Other**

- Other tasks as directed by the Senior Manager, to support the operational requirements of the service.

**Kimberley Aboriginal Medical Services is a smoke-free organization and smoking is prohibited in and around all buildings, vehicles and grounds.**

## Key Responsibilities

The Youth Mental Health Initiative Professional (YMHI's) (Youth Workers, Drug and Alcohol Workers, Psychologists, Mental Health Nurses, Occupational Therapists, Social Workers and Aboriginal and Torres Strait Islander Health Workers or Mental Health Workers) will work as a team at **headspace** Broome in the provision of youth focused mental health services to young people aged 12 to 25 years. The YMHI's will provide services for young people who have been clinically diagnosed with a mental health disorder, or may be at risk of developing a mental health disorder and may benefit from the wide range of services offered through **headspace** Broome.



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## Selection Criteria

### **Essential:**

Demonstrated expertise in the following areas:

1. A capacity to provide evidence based therapeutic interventions
2. A knowledge of brief interventions, psycho-education, supportive counseling and drug and alcohol counseling
3. Ability to plan, implement and evaluate a range of programs, including group educational or therapeutic programs aimed at youth and young adults
4. A demonstrated broad understanding of mental health issues as they relate to youth
5. An ability to implement skills training to young people, including coping skills, life skills, anger management, problem solving and conflict resolution
6. Computer literacy in word processing, spreadsheets and databases.
7. Demonstrated organisational skills
8. Excellent interpersonal and communication skills (both oral and written) including the ability to relate to, connect with and engage young people in the 12 -25 years age bracket, in a culturally appropriate manner
9. Ability to maintain ethical conduct and confidentiality in regard to patients and staff
10. Ability to use initiative and contribute to the development of projects
11. Flexible approach to work and willingness to learn new skills
12. "C" class drivers license
13. National Police Clearance
14. Working with Children Check

## Certification

**The details contained in this document are an accurate statement of the duties, responsibilities and other requirements of the position.**

KAMS CEO

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**As occupant of the position I have noted the statement of duties, responsibilities and other requirements as detailed in this document.**

Name of employee: \_\_\_\_\_

Date Appointed: \_\_\_\_/\_\_\_\_/\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



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## About KAMS

[www.kamsc.org.au](http://www.kamsc.org.au)

KAMS (Kimberley Aboriginal Medical Services) is a regional Aboriginal Community Controlled Health Service (ACCHS) resource organization providing a collective voice for a network of member ACCHS from towns and remote communities across the spectacular Kimberley region of Western Australia.

Our major role is in advocacy and support for our ACCHS members, in addition to KAMS being directly responsible for the provision of comprehensive primary health care in 5 remote Aboriginal community clinics at Balgo, Billiluna, Mulan, Beagle Bay and Bidyadanga. Our member ACCHS are based in Kununurra (OVAHS – Ord Valley Aboriginal Health Service), Halls Creek (YYMS – Yura Yungi Medical Service), Derby (DAHS – Derby Aboriginal Health Service) and BRAMS (Broome Regional Aboriginal Medical Service).

The KAMS Work force Support and Development Unit provides a model of integrated health education, incorporating accredited training for medical undergraduates and postgraduates, as well as support and non-accredited training across the Kimberley.

KAMS is also responsible for the development and management of Renal Services for the Kimberley, including satellite dialysis services and support and coordination of local primary health care services in the provision of renal education and prevention, early detection and better management of established kidney disease and coordination of care for those in advanced stages of kidney disease.

The KAMS regional collective of ACCHS is a major employer in the Kimberley, with Aboriginal people representing more than 70% of its 300+ strong workforce. KAMS's regional support includes:

- Population Health
- Social and Emotional Well Being
- Health Promotion
- Information Technology
- Pharmacy Support and Training
- Corporate and Financial Services
- Research
- Regional Renal Services
- Undergraduate and Postgraduate Medical Training

Staff may not smoke while in uniform or when they are acting in an official capacity off site. Smoking is prohibited in and around all buildings, vehicles and grounds.

### **headspace Broome Background:**

**headspace** Broome opened in July 2008 with the aim of addressing the region's complex and high levels of youth mental health needs. With a focus on enhancing the delivery and coordination of services within the town of Broome and the development of early intervention, awareness raising and community education programs in a whole of Kimberley context.

A consortium of service providers working in Broome and/or across the Kimberley, provide advice and guidance about the operation of the service, KAMS is the auspicing body and therefore carries the financial and legal responsibility of the service. There is a commitment amongst all consortium members to look at ways to work collaboratively in order to develop agreed referral and care coordination for young people who require access to support services.

The **headspace** Broome mission is to implement improvements in the mental health, social wellbeing and economic participation of young Australians aged 12 – 25. It is also to acknowledge and reduce mental illness, high rates of suicide, self-harming behavior and drug and alcohol abuse.